

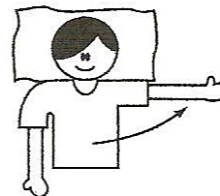
Pendular exercise



Flexion/lying



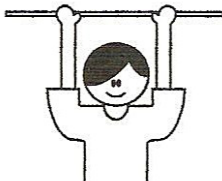
Abduction/lying



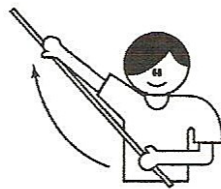
Horizontal abduction on lying



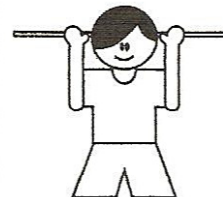
Elevation/elbow flexed



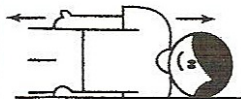
Elevation with stick



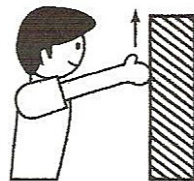
Abduction with stick



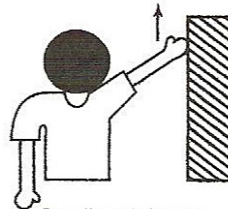
Elevation with stick



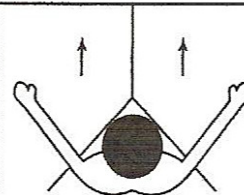
Depression/elevation on lying



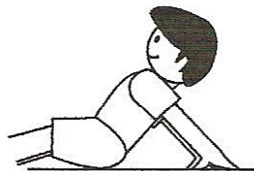
Crawling fingers



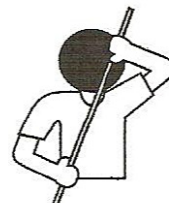
Crawling abduction



Retraction/external rotation



Weight-bearing shoulder extension



Hand behind back/neck