

Lunge/Dickdarm

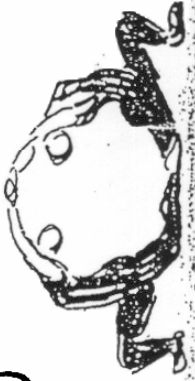
①



3am → 5am → 7am

Magen/Milz

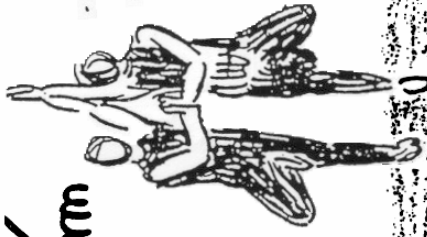
②



7am → 9am → 11am

Leber/
Dünndarm

③



11am → 13.00 → 15.

19.00 → 21.00 → 23.00
Dreislauf / 3-facher Wärmere

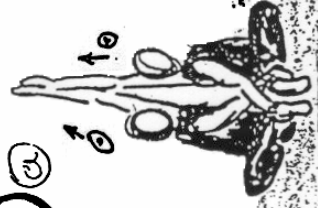
⑤



23.00 → 01.00 → 03.00

Leber/Gallen-
blase

⑥



Blase/Niere

④b



⑥b

